

THE Messenger

SHALOM MANOR & GARDENS SUPPORTING COMMUNITY NEWSLETTER

WINTER 2024

There are so many people that are a part of the Shalom Community that give of their time, talents and treasures in helping us achieve our vision. One group of volunteers that I rely on as CEO, is the Board of Directors. The board of a charitable long-term care home like ours, plays a crucial role in guiding and overseeing the organization to ensure it fulfills its mission effectively. Here are several ways in which the board does that.

Governance and Leadership: The board is responsible for setting the strategic direction and overall governing policies of the organization. They provide leadership and ensure that our long-term care home operates within legal and ethical boundaries.

Mission, Vision and Values: The board is involved in defining and articulating the mission, vision and values of the home. They ensure the home remains aligned with its charitable objectives, and assess whether the organization is making progress toward its goals.

Financial Oversight: The board is involved in approving budgets, monitoring financial performance, and ensuring that financial controls are in place. They may also be involved in fundraising efforts to enhance the charitable activities of Shalom.

Risk Management: The board is responsible for identifying and managing risks to the organization. This includes ensuring compliance with relevant laws and regulations including the Fixing Long Term Care Act (FLTCA), as well as implementing policies to mitigate potential risks.

Hiring and Oversight of Leadership: The board is involved in the selection, evaluation, and compensation of the CEO. They provide oversight to ensure that I, through the leadership team, effectively manage the day-to-day operations.

Community Relations: The Board of Directors also builds relationships with the community, do-

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2 Corinthians 9:11& 12 (NIV)

nors, and other stakeholders. They are involved in public relations efforts to enhance the organization's image and support its fundraising initiatives.

Quality of Care: For a long-term care home, ensuring the quality of care for residents is paramount. The board sets expectations for the level of care provided and monitors performance to ensure it meets established standards through our Quality Improvement initiatives.

There are many within our community of churches that have gifting's well-suited for serving on Shalom's board in this way. Our expansion into Hamilton with a new campus makes the oversight functions of the Board that much more critical. If you have, or if you know of others who have gifts in the areas of governance, communication, finance or building, we ask that you consider joining the Board of Directors or a committee of the Board.

Blessings, John Peneycad
Chief Executive Officer



**Government Officials,
Shalom Staff & Board Members**

Groundbreaking in Hamilton

We are excited to announce that there has been a remarkable achievement in the Shalom Hamilton Campus of Care. On Thursday, December 14th, the Minister of Long Term Care, the Honorable Stan Cho and the area MPP, Donna Skelly attended an official groundbreaking at the site of what will be the future home of Shalom Hamilton. The Board of Directors is pleased that the long term vision of a new home in Hamilton is finally moved into the construction stage.

On Saturday, February 3rd, we continued to mark this special event with a Community Celebration for donors, board members and representatives from the Canadian Reformed Society for a Home for the Aged and from the Wellingstone Christian Home – where both events were held. This gathering of over 100 people also included Esther Pauls, City of Hamilton Councillor for this area. It was a joyful time of sharing, praying and singing. The Master of Ceremonies was Shalom volunteer Tony Kamphuis, son of John Kamphuis, first Executive Director of Shalom.

This new Campus of Care is not just a building; it will be a sanctuary of care and compassion; a symbol of hope for the elderly members of our community. In designing this facility, we have sought to integrate the latest advancements in healthcare, ensuring that the residents who call Shalom Manor Hamilton home will receive the highest standard of care, tailored to meet their unique needs in a Christian environment.



**Donna Skelly; John Peneycad;
Jonathan Zwier & Stan Cho**

Anthony Holl & Theresa de Roos, Advancement Office



**Esther Pauls, Ward 7 City of
Hamilton Councillor**



**John Peneycad & Margaret
Louter, Board President**

Thanks be to God for These Many Blessings

The nursing department at Shalom Manor has received many blessings! Generous donors have provided us with additional funding for resident care equipment to benefit the lives of the residents we serve, and the government has been investing funds into long-term care staffing and resources. This has kept us very busy with sourcing equipment and resources, including hiring and training new staff, but what a wonderful problem to have!

Due to the investment by the government to provide all residents with 4 hours of care per day, we have seen a 23% increase in nursing staffing. This includes Personal Support Workers, Registered Practical Nurses, and Registered Nurses. This increase in staffing has had many benefits as we are better able to respond to our residents changing needs, and reduce the incidence of adverse events such as falls. Hospital transfers have also been reduced due to diagnostic equipment being made more accessible at the long-term care home level, and through the addition of a full time Nurse Practitioner on staff. More medical concerns can now be treated in-house, and our residents can remain in their comfortable home environment, rather than being transferred to hospital where they are unfamiliar with the staff and surroundings.

When speaking of generosity I also must take a moment to mention the staff who care for our residents. There are staff in the building at all hours of the day and night to ensure that our residents are well care for, even if dealing with a challenging situation such as an outbreak. We appreciate the acts of service that our staff perform on a daily basis, and recognize their God given gifts and talents that they bring to Shalom and to the residents who reside here.

Celeste Pols
Director of Resident Care

Finishing Our Course with Joy!

Every Resident comes to Shalom with their own story, having walked their own unique path. They come with individual strengths, characteristics and gifts, and for many their own testimonies of their faith in Jesus. They find themselves here because their bodies are aging, physical strength is wavering, and in some way they face challenges or limitations surrounding their independence. It remains a focus of ours to overcome these barriers and find ways to keep the Residents doing the things they love and enjoy, even if it doesn't look exactly the same as before.

We have not been able to do this alone. With your generosity and financial support we have been able to offer solutions to hearing and vision impairments with the installation of a t-loop system, audio and visual upgrades in the auditorium so our Residents can see and hear well for Sunday Worship and more. For those Residents who loved to bike and enjoy an outdoor stroll we have been able to purchase new adaptive bikes. For those with cognitive challenges related to Dementia we offer Dementiability activities and interactive games through the use of the Tovertafel, which have been installed on all five home areas. For those that are no longer able to get in their car and drive to Tim Hortons like they used to, we offer an in-home pop-up Tim Hortons Drive Thru. For that couple who are no longer able to go out for Valentine's Day, we organize and host a couples Valentine's Lunch. These are just a few examples of the ways we find for our Residents to enjoy some of the things they love.

Ultimately, it is our vision for our Residents to finish their course with joy! And while we know that meaningful activity and social engagement contribute to this, we recognize that true joy comes from knowing the Lord, abiding in Christ and being filled with the Holy Spirit. We thank the Lord for His faithful provision, for the generosity of those who serve in His name, whether it be financially or through the giving of their time. It has and continues to make a lasting difference.

Puzzling on the Tovertafel



Sarah Hessels
Manager of Programs
& Support Services



Flower Arranging



Tim Horton's Pop-Up



New Year Celebrations



Puppy Visits



**Volunteer & resident
at sing song**

Volunteer Opportunities at Shalom

Volunteers play a key role in allowing Shalom to provide amazing opportunities to our residents. All the wonderful things that each volunteer does for Shalom and the residents, families and staff is truly amazing and words cannot describe how blessed we are that they have chosen Shalom to fulfill the Lord's calling to serve others.

Our volunteers provide staff and residents the support that is needed when providing group programming, special events, worship services, and allow us to open our cafe and general store Monday to Saturday.

Over the last year we have been able to welcome back many returning volunteers as well as welcoming 24 wonderful new volunteers to our family. This has allowed us to provide more opportunities for our residents including more auditorium events, outings and opening our cafe and General Store on Saturdays.

As we enter into 2024 we are excited to expand our amazing volunteer team and welcome many new faces to our home.

“Dear children, let us not love with words or speech but with actions and in truth” 1 John 1:18

If you are interested in being part of our volunteer team, please call Brooke Roorda at 905-945-9631, ext. 1115 or e-mail volunteercoord@shalommanor.ca.

Brooke Roorda
Volunteer Coordinator

Check it Out!

If you would like to keep up with all the latest news regarding Shalom Manor & Gardens and the Hamilton Site, sign up on our Facebook or Instagram Pages.



Facebook: <https://www.facebook.com/profile.php?id=100079877856819>



Instagram: <https://www.instagram.com/shalommanorandgardens/>

It Takes a Village

There is an old African proverb that says, *"It takes a village to raise a child."* The proverb points to the truth that it is not only the parents who influence a child as they mature towards adulthood. It also includes uncles, aunts, grandparents, teachers, coaches, friends, neighbours and many others to raise a child as all these people influence, encourage, lead and teach the child toward maturity. It takes a village to raise a child, but it also takes a village to supply the needs of the Lord's people.

For Shalom Manor & Gardens, this means the Lord's aging people. To supply the needs of the Lord's aging people we need nurses, doctors, PSWs, dietary staff, maintenance workers, recreation therapists, social workers, occupational therapists, physical therapists, behavioral specialists, Life Enrichment Assistants, housekeeping, laundry, office administrators and pastoral care. We need board members, people who work in promotions and donor development. We need volunteers who porter, feed, visit, play games, play musical instruments, lead sing songs, run the café and the store, donors, prayer warriors, and churches willing to partner with the vision of maintaining a Christian Long Term Care home where Christ is worshipped, and residents can live out the last stages of their lives, knowing that they are cared for and loved, not only by God's people, but by God himself.

At Shalom, it takes a village to uphold the truth to all of our residents, that our only comfort in life and in death is that we are not our own, but we belong, body and soul to our faithful Saviour Jesus Christ. In every aspect of every area of Shalom, that is the message we seek to uphold as we supply the needs of the Lord's aging people. And as each of us does our part by the grace of God to fulfill this vision, we will be enriched in every way so that we can be generous on every occasion, so that our generosity will result in thanksgiving to God. This service that we perform is not only supplying the needs of the Lord's elderly people but is also overflowing in many expressions of thanks to God.

Pastor Peter Janssens
Chaplain



Shalom
Grace, love and fellowship.

Board of Directors

Charlie Fluit
Jentine Gootjes
Margaret Louter
Simon Muizelaar
Emily Prins

Hilda Roukema
David Rumph
Al Voorberg
Richard Wikkerink